

# Port Orford Today!

Port Orford's most popular newspaper  
Distributed from Bandon to Gold Beach

Thursday, October 12, 1995

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Evan & Valerie Kramer, Owners  
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## City Council's Long Night By Evan Kramer

The Port Orford City Council held their regular monthly meeting on Monday night. Three hours and fifteen minutes after it began the meeting adjourned. Elsewhere in this paper is what I consider a timely letter from councilor Martha Weaver-Britell. She advises the public to attend city council meetings and that "no newspaper report or rumor is in any way a substitute for firsthand experience." After last night's meeting I couldn't agree more. If you want the full story you'll have to attend these meetings.

Mayor Kennedy read a proclamation declaring National Breast Cancer Awareness Month.

Martha Weaver-Britell spoke about the council retreat which she supports. She wanted the council to establish a date. Ralph Donaldson questioned where the venue would be. It was decided to hold the retreat at city hall on a Saturday when all council members are free to attend. The council can rest assured and be relaxed that this reporter won't attend the meeting.

Dotti Myers made a point of complimenting Robert Warring on the letter he wrote to the paper last week about special meetings.

Public works director Dennis Gehrke told the council the paving of city streets is going well and the waste-water treatment plant is operating fine. He said there has been vandalism of one of the test wells located on the drain field.

Ralph Donaldson spoke about the \$1,000 the city spent for John Logan and H.G.E. to write reports for Gary Schulz of the Oregon Department of Forestry. The reports were to outline what the Bussmanns need to do on their property on the north fork of Hubbard Creek to protect the city watershed. Donaldson asked Dotti Myers to invite Schulz for a discussion of the situation at a public meeting in Port Orford. He requested that the newspapers print notices of the meeting to encourage public attendance.

Donaldson, in other business, made a motion for the accounting firm of Wall and Wall to do an efficiency study on the operation and maintenance of the city waste water treatment plant at a cost of \$1,670.00. The council passed the motion unanimously.

Martha Weaver-Britell started her parks committee report by telling the council that the committee had recommended installing two water faucets for watering horses at the arena in Buffington Park. She said the committee recommended the A-frame cabin in Buffington Park be utilized as a meeting place for "worth-while groups like the scouts or arts coun-

cil" once the current resident vacates it. Weaver-Britell made a motion that the basketball hoops and backboards be repaired at Buffington Park and the undercut areas of the sidewalk at Battle Rock be repaired. It passed unanimously.

The council moved on to the Oregon Community Block Grant agreement. This will provide the city with \$119,000 for design and engineering services for improvements to the city's water system. These improvements will enable the city to comply with the Federal Clean Water Act. The city will provide \$29,000 as well as \$7,000 in kind support. A motion was made and passed to accept the grant.

The council opened the bid for the 12<sup>th</sup> Street improvements. The only bid was submitted by Bracelyn-Yeager for \$38,381. The city has received a Special City Allotment Grant for \$25,000 and will pay the remaining \$13,000 out of its own money. The council voted unanimously to approve the bid.

Martha Weaver-Britell made a statement about the city needing to acquire some of the property on the North fork of Hubbard Creek to protect the watershed. She then continued on with comments on the water and sewer bills. She mentioned doing a rolling average bill similar to what Coos-Curry Electric offers and is referred to as levelized billing. The council took no action.

**Continued in this issue**

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## Portland To Port Orford

An extraordinary opportunity is available to residents and visitors on the beautiful southcoast of Oregon in the early spring of 1996. In addition to tide pool explorations, whale watching, and the inspiring ocean scenery, on Saturday, February 10, 1996, the Resident Artists of the **Portland Opera** will perform in Port Orford. On the program will be selections from opera and musical theater, including *Beauty and the Beast*, *The Marriage of Figaro* and *Kismet*.

This exceptional event is sponsored by the Point Orford Heritage Society and the Port Orford Arts Council. For more information, please contact the Chamber of Commerce at 332-8055.

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**A Cord By Any Other Name  
 By Paula Cracas**

A cord by any other name is an illegal pile of wood. Recently a friend of mine bought a cord of wood. One look and I could tell it was woefully short of a real cord. After questioning some friends, I realized few people really understand the amount of wood in a cord or what type of wood burns the hottest. Here is some information I've gleaned over the years from articles in The Oregonian, my own experience with wood-burning stoves and fireplaces, and according to Ken Simila of the Oregon Department of Agriculture, Measurement and Standards Division. The Measurement/Standards Division says that wood can't be measured as anything other than a cord or a fraction of a cord if it is being sold to the public. The state prohibits any other terms to sell wood.

A cord is 128 cubic feet of wood. Therefore a cord is measured as follows: If you request 16 inch length for your logs, which is a fairly standard size for most wood stoves and fireplaces, you would be buying three stacked rows, each of them 4 feet high and 8 feet long. Three rows of 16 inch logs each equals 48 inches or 4 feet which gives you the overall measurement of your cord as 4 feet x 4 feet x 8 feet. If you want smaller sized logs, say 12 inches, then you would have four rows, four feet high and 8 feet long. You could buy 8 inch logs and then you would

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have six rows of wood stacked 4 feet high and 8 feet long. As long as the log size is divisible into 48 inches (or 4 feet), then that figure is the number of rows you should have. Don't let someone throw a pile of logs on your lawn and call it a cord. Have them include stacking in the price. The average pick-up truck can carry a stacked load equal to 1/2 cord. Why? Because wood can be very heavy even when it's seasoned. For example, a cord of White Oak, weighs about 4,200 pounds which would cause axle problems to just about any pick-up truck.

Now you know the size of a cord, what else should you be concerned about? To avoid the release of wood tars and to

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avoid coating your chimney flue (which can lead to a flue fire), you should burn only seasoned wood. Seasoned or dry wood has a moisture content of 40% to 60%. How can you tell if wood is seasoned and dry? Easy. Break or pull off a good-sized splinter. If it bends the wood is green. If the wood breaks, it's dry.

**Continued Next Week**

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## City Council's Long Night Continued from Front Cover

Dick Wold, president of the Port Orford Chamber of Commerce, made a presentation on behalf of the Chamber concerning the city's bed tax ordinance. Wold handed out copies of a three page report from the Chamber with a series of questions and statements concerning the ordinance. The gist of his message was that the city is not in compliance with its own ordinance. The Chamber requested several things of the council. Among them were the council "restore to the city beautification and tourism fund the \$17,742 that had been budgeted to the city parks department, asking the council to amend or repeal the bed tax ordinance to clarify its content, and asking the city to postpone the bed tax committee meetings until the issues are resolved."

Martha Weaver-Britell offered a motion that the ordinance review committee review the bed tax ordinance. The members of that committee are Robert Waring, Carl Eskelson and Dotti Myers. The motion passed. The council also considered a motion that the bed tax committee be instructed not to hold any further meetings until the bed tax ordinance has been clarified. It passed 4 -1 with councilor George Kennedy dissenting.

The council moved on to new business and considered annexation to the city of a 1/3 acre piece of undeveloped property owned by Donna and Rosy Roselius. Martha Weaver-Britell stated that it is more advantageous to increasing the city's tax base to annex an improved piece of property rather than an undeveloped one. George Kennedy made a motion to annex the Roselius property. The motion died for lack of a second. A motion was made to direct city attorney Carol Seifert to determine the tax effect of an annexation on the tax base of city. It passed 4 -1.

Martha Weaver-Britell made a motion to remove items 2 and 3 from the evening's

agenda. It died for lack of a second. Those items were planning control of the urban growth boundary and a city logo. Not enough was said about the urban growth boundary to understand why it was on the agenda. The city logo(?) was then removed from the agenda. The council got to the last item of new business — discussion and approval of council conduct rules. George Kennedy suggested this would be a good item of discussion for the council retreat and the rest of the council concurred.

The council set the next workshop meeting for Monday, October 23, 8:30am, at the Paradise Café.

For a more complete report of this council meeting you can receive a copy of the minutes for this meeting compiled by Norma House. If you don't want to read the minutes try attending a meeting.

### Sunset Garden Club Meets

The Sunset Garden Club met on Friday, October 6, at the Port Orford Senior Center. President Ruth Bryant welcomed the membership. Hostesses were Donna Smith, Beverly Root and Dottie DeWeese. Members were encouraged to care for their flower boxes. The Port Orford Pottery Studio will host a meeting for the club on Friday, October 13, at 7:00pm. Members will be able to create a pottery container. There will be a door prize. Cost will be \$10.00. Call Ruth Bryant at 332-4585 or Lucille Burroughs at 332-3002 for more information.

### Are you tired of the same ol', same ol'?

Are things a downer? Do you like music but your music is depressing? Stop! There is an alternative. There are three concerts in our area with uplifting and positive contemporary and rock music. You don't need drugs and alcoholic beverages to enjoy it. Take a chance and hear the up side.

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2. Home Run Tour, 'Geoff Moore and the Distance' with 'Big Tent Revival' Crescent City, Oct. 28, \$10 in advance.

3. RAW Tour, 'Rez Band' with 'White Cross' Roseburg, Nov. 3 \$10 in advance.

Information and transportation available. Call Gary Doran 332-6161

## Focus on Wellness

Task force envisions expanded health care, focus on wellness for Port Orford.

Port Orford residents can look forward to a new emphasis on community health care focused on disease prevention, early detection of illness and expansion of specialty networks to monitor medical conditions, announced Barbara Stover, chair of the Curry Health District.

Those ideas form the basis for a new vision to expand health services to residents of northern Curry County, Stover said. They are a result of a recent meeting between Curry Family Medical staff and the newly formed Port Orford Medical Task Force.

When the district hired Karen Olson, nurse practitioner, last month, "we took the first step in reorganizing the current system of health care delivery," Stover explained.

Up to now, Stover added, Curry Family Medical mainly has served as facility for urgent care. The task force envisions broadening the district's commitment for providing better health care "in support of the professionalism already demonstrated by the Curry Family Medical staff.

"We're really excited about the potential for expanding our health services in Port Orford," she concluded.

In light of the recent termination of contract between Port Orford physician Thomas Pitchford M.D., and the health district, Stover says she wants to assure residents that quality medical care will continue in the community.

"It will be business as usual. Efforts currently are underway to assure that there will be adequate medical coverage for the area," Stover said.

The Port Orford task force includes Gordon Ensley, district administrator; board member John Stockman, and William A.

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Nickerson, M.D., the health district's quality assurance consultant.

The task force will present its recommendations formally to the district board when the board meets in regular session at 2pm, today (Oct. 11) in the hospital dining facility.

Another district meeting - scheduled for Nov. 8th will be held in the Port Orford city council chambers to encourage community comment on the proposed new directions in health service.

### **School Board Report by Valerie Jean Kramer**

The Port Orford-Langlois 2CJ School Board held their regular monthly meeting on Tuesday, Oct. 10. It looks like a busy month ahead for the district.

The district was up to 574 children as of Sept. 30 and a few more have joined since. There were 194 at Driftwood, 201 at Blanco and 179 at Pacific.

Driftwood Elementary School is hosting a Japanese exchange teacher for the month of October, Mr. Koichi Yoshida. He has reportedly been quite popular with the

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children. Parent-Teacher conferences will be held in Driftwood on Thursday Nov. 16 and Friday the 17<sup>th</sup>. They will be scheduled to allow more evening hours so working parents can attend.

The Rotary Club will be holding a Prime Rib dinner on Oct. 21 to raise money for its scholarship fund. See Frank Smith for details.

The Oregon School Board Association (OSBA) will hold a regional meeting in Gold Beach on Oct. 24<sup>th</sup>.

A Pig Bowl game and Sadie Hawkins dance is scheduled for November 18.

According to Marc Farmer, concerns regarding the SWOCC merger should be addressed at ESD meetings which are held on the first Tuesday of the month at 7:30pm in the ESD office on Mary St. in Gold Beach.

Larry Blount reported that the Katzenbaum Bill which recently passed will cut federal funding to schools by another 25-40%. Meanwhile the state, while providing the district with less money, has mandated higher salaries for substitute teachers.

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### Clothesline Project

The Curry County Citizens for Human Rights is sponsoring a local Clothesline Project which will result in a public display at the Chetco Community Public Library, Brookings, the latter part of October. The theme will be "Voices from the Past: Breaking the Silence."

The National Clothesline Project is, to female victims of violence, what the AIDS quilt is to victims of AIDS. Colored T-shirts, with each color representing a specific type of violence - death, rape, incest, child abuse, battering, assault, etc.- will be provided free of cost. Women who have been either victims of violence

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or who wish to memorialize a female victim of violence, are invited to personalize a T-shirt with a message or artwork telling their story. These can be submitted anonymously, identified by first names only, or by full names.

The personalized T-shirts are hung on a clothesline in a public display as a means of encouraging the public to become more aware of, and sensitive to, the human cost of violence toward women and girls, and of the importance of insisting that such violence be stopped.

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### SWOCC Advisory Committee

Southwestern Oregon Community College's Curry County Advisory Committee will hold its monthly business meeting on Monday, Oct. 16, 1995 at 5:30pm. The meeting will be held at the SWOCC Gold Beach Office at 1220-B South Ellensburg. Public attendance and input are welcome.

Jon Richards, Director of the SWOCC Business Development Center in Coos Bay, will be at the meeting to discuss the BDC's current activities and plans for involvement in Curry County. Kathy Vesper-Wilson, the new Curry County ex-officio SWOCC Board of Education member, will be introduced. Additional topics for discussion will include: Fall Curry County Program updates, staffing, potential office sites, committee vacancy, and planning for Winter Term.

When a request for an interpreter for the hearing impaired is made at least 48 hours prior to a scheduled meeting, the SWOCC Curry County Advisory Committee will make every effort to provide an interpreter.

The SWOCC Gold Beach Office is accessible to the disabled.

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## Brush Creek Bridge

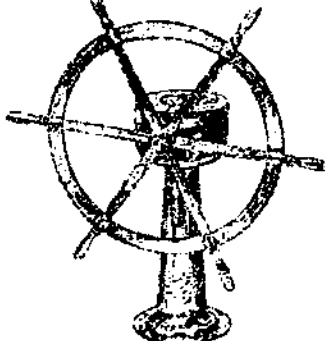
Now that the new Rocky Point bridge is open, the Oregon Department of Transportation is turning its attention to the next bridge south on Highway 101, the Brush Creek Bridge. It is their #1 priority for bridges that need rebuilding on the coast. Construction is estimated to begin in late 1996 at a cost of approximately 2 1/2 million dollars. The contract has not been put out to bid yet for this bridge. It will be one of the new generation bridges and be built more earthquake resistant than the older bridges. It will also feature stainless steel rebar as a way of cutting down on salt water intrusion and damage. The bridge has been drawn with an eye catching design featuring an arch construction design. The bridge goes over Brush Creek which flows out of Humbug Mountain State Park into the ocean. An 8 foot culvert will be installed under the construction site so visitors to the park can still get to the ocean during the time it takes to build the new bridge.

### Arizona Slide

Another important project for O.D.O.T. on the 101 scenic highway, as they refer to it, is the stabilization of the Arizona slide. One interesting bit of information O.D.O.T. official Jim Risley shared with the Lion's Club was that the wood chips used to fill the slide area nearly 2 1/2 years ago came from a garbage dump and that there is more than wood chips in the "fill". The project is divided into two

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phases. Phase I is the portion of the mountain above the roadway. It is estimated to cost 2.17 million dollars while Phase II below the highway is estimated at 1.2 million dollars. The main emphasis at the Arizona slide location is on draining the water. This means installation of vertical drains in eleven locations, some of which would be 600 - 700 feet in length. The downhill portion will see the drilling of a 12' wide shaft 215 feet deep.

O.D.O.T. will have spent over 14 million dollars along Highway 101 from the Mill Creek bridge to the Arizona slide when all four projects are complete including the work within the city limits.

Last but not least. Risley said the old asphalt which Bracelyn-Yeager recently removed from Highway 101 in the city of Port Orford will be reused on road shoulder work.

### Home Health/Hospice

Curry County Home Health/Hospice is pleased to announce the Bereavement Support Group will be meeting twice a month in Port Orford at the Zion Lutheran Church Library at 149 20th St. Come and discover the support and information available to you as you go through the grieving process. All community members who are grieving a loss are welcome to attend. The Bereavement Support Program is offered free of charge.

The regular meetings of the Bereavement Support Group will be on Friday October 13 and 27, 1995, at noon in the Zion Lutheran Church, Library Room, 149 20th St., Port Orford.

Anyone who is grieving the loss of a spouse, child, relative, partner, or friend is invited. For more information, please call Donna Smith at 332-1300 or Luana Berens, LCSW, at Curry County Home Health/Hospice at 247-7084, 469-0405, or 1-800-535-9472.

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### **What is a Nurse Practitioner?**

A nurse practitioner is a primary health care provider whose training includes advanced nursing and selected medical education. Nationally, nurse practitioners hold a bachelor's degree and a master's degree, obtained from an accredited nurse practitioner program. A minimum of 2 to 5 years of experience as a registered nurse is required prior to acceptance into a master's level program.

#### **What can they do?**

Nurse practitioners perform many functions traditionally handled by physicians. These include exams such as physicals and PAP smears. They also are licensed to treat common acute and chronic illnesses. Nurse practitioners can prescribe most medications.

#### **Basic wellness philosophy**

Nurse practitioners are very committed to teaching their patients how to be the healthiest they can be. Their practice is based on promoting wellness and preventing illness.

A national health care agency's statement on the role of NPs:

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"Nurse practitioners do a thorough job of taking health histories, performing physical exams, diagnosing illnesses and prescribing treatment."

"They take the whole person approach to health care, considering each person as a physical, emotional and social being, not merely a collection of symptoms."

"Nurse practitioners encourage their health care clients to be actively involved in their health care and to learn how to use health care services more effectively."



#### **This Week's Tip:**

**Be prepared! Make sure your first aid kit is in good shape and everyone knows where to find it!**

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**To the Editor,**

I have just learned that the owners of the Port Orford Fun Zone store have agreed to sponsor a local Internet node in conjunction with the County Internet provider, @Harborside. This development means that the citizens of Port Orford and Langlois may now have a full selection of services for a low monthly fee and no long distance phone charges.

I personally feel this is a very positive development since it permits Port Orford to enter the 21st century with the rest of the country and at the same time represents a fine example of local private enterprise stepping in to solve a local problem.

I urge all citizens with computers to support this new enterprise, you will enjoy it!

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### Community Theater

Bat toe nails, wings of scorpions, slimy lizard knees. What is Pearl doing with the family dinner? Who will Lawyer Fleasom marry? How will granny raise \$1.75 to pay the mortgage and will Professor Barker ever find his curiosities to place in his circus? To answer to these questions, attend the family comedy "Monster Soup" or "That Thing In My Neck Is A Tooth", written by Tim Kelly.

The Port Orford Community Theater will be performing this season's mellowdrama at the Port Orford Community Building on 11th St., Friday, Oct. 27th at 7pm, and Saturday Oct. 28th at 4pm and 7pm. Admission prices are adults \$3, children 12 and under \$1.50, children 3 and under free. Admission will include one (1) free trip through the fun house. Also if a donation of a clean blanket or sleeping bag is made, five fun tickets will be included in your evening of fun to use for trips through the fun house, cake walk, and the fish pond. Blankets will be presented to the Common Good to be disbursed to persons in need of warm blankets this winter.

## Brian Danforth, D.D.S.

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The cast is made up of these dedicated individuals: Marci Alcott, Susie Page, Suzzane Jones, Kathy Jones, Stephan Parks, Katie Madison, Adam Brewer, and Richard Au Franc. Rebecca Miller producer-director and the cast and crew of *Monster Soup* would like to extend the invitation to everyone to come out and enjoy the performance. Lets eat!

#### Dear Editor,

I'm perplexed as to why the City Manager isn't in her office on Friday afternoons. It's especially frustrating when I have questions relevant to the workings of City Hall and the receptionist is only allowed to respond with "I don't know." It doesn't give a very good impression of Port Orford or to those of us who live here.

T. Kolibaba

### Flu & Pneumonia Shots

Flu & pneumonia shots will be given on Tuesday September 26th, Thursday September 28th, and Thursday, October 12th, 19th and 26th. The shots will be given at North Curry Annex of the Health Department, located at 1403 Oregon (14th & Hwy. 101) in Port Orford. The flu shot will cost \$8 and the pneumonia shot will be \$20. Medicare will reimburse for both shots if they are given at the same time. If you need further information please call 332-4041.

### Port Orford Internet

Port Orford will finally join the rest of the world on the Internet before the end of October! Phone lines are scheduled for installation on the 20th and the rest of the equipment will be connected, tested, and made live within a few days thereafter.

One of the disadvantages of living in a remote area has been that in order to use any computer service, such as CompuServe or AOL, we have had to pay their fee plus a long distance phone call which typically adds another \$6.00 per hour (or more) to the cost of using the service. With the local Internet connection you will make a local phone call to a 332- number in order to access the Internet then navigate your way into any of tens of thousands of computer systems including CompuServe or AOL.

This translates into savings if you use one of these services more than a couple of hours a month. Lets suppose you check your mail on CompuServe once each day and it takes you ten minutes. That's about 300 minutes, or 5 hours, per month. You would pay @Harborside \$12.50 for up to 10 hours of Internet connect time but you would save \$30.00 in long distance phone charges for a net gain of \$17.50 per month! Meanwhile, you have another five hours you can use to explore at no further cost!

Of course, once you pay for the smorgasbord you will probably want more than just a hamburger. The Internet has lots more to offer than just cheap access to AOL or CompuServe! It is an international service and is getting bigger daily. It really will change our lives in ways we can't begin to predict.

# Bargain Of The Month

## Plastic Flashlight

Uses two "D" batteries  
sold separately

# 77¢

### McNair True Value Hardware

Help is just around the corner  
1935 N. Oregon St., Port Orford  
332-3371

#### 40's School Reunion:

We take this opportunity to thank all those that helped make the reunion such a memorable occasion.

Thanks to Frank Smith of Port and Starboard for putting up with us for the past year while plans and preparation were forming for making room for us on Friday evening for our first get together of the weekend.

The Grange for letting us have our buffet and dance in their building. Our special thanks to Julie Hawthorne for organizing the buffet (food prep and all) and to all those that worked with her, Ken Fliszar, Cheryl and Stella Douglas, Betty Digby,

**RICHARD AuFRANC  
LAWYER**

ALSO: CPA INACTIVE

**COMMON SENSE  
LEGAL ADVICE**

**BUSINESS - FINANCIAL  
WILLS - PROBATES  
TRUSTS - REAL ESTATE**

Hwy 101 at 9th St.  
**332-2102**

Elenor Tucker, Greta Watson, Kelly Vahradian, Sharon Bazor and Susan Blanchard. "Special thanks" to Lena Hawthorne, Veronica DeWitt, and Gracie Vahradian for helping serve the buffet. Gail Wilcox for the flowers. The tables and flowers looked especially nice.

Fifty (50) years ago the Grange Hall dances were most popular so the music of the Big Band, playing music of the 40's era brought back many happy times.

The picnic, at Humbug, Sunday was a fun get together - where John Mayea and Cork Corbin barbecued chicken from John's recipe. Great recipe John. Everyone ate lots of good food and had a good time with more reminiscing and catching up on what everyone has been doing over the past 50 years.

Of course we had to have some pictures and Dewey Hall answered our plea with his camera in hand. Thank you Dewey, you did good.



**Roaring Sea Arts**  
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Visitors Welcome - Call 332-4444  
DONNA ROSELJUS

OPEN HOUSE LAST SUNDAY OF EACH MONTH  
2:00 TO 5:00

41687 Highway 101 S., Port Orford

Thank you everyone,


Dolores and John Mayea, Arlene and Gordon Forty, Adelle Corbin, Thelma Nodine, Yvonne Fromm, Oris and Frances Smith, Dora Hooten, Annabelle Hage, Martha Swetz

#### National Breast Cancer Awareness Month

The latest health statistics show that more women—especially in the 55 and older age group—die from breast cancer in Curry County than anywhere else in Oregon.

Early detection could have spared as many as one-third of those lives. But research shows that only a very small percentage of women in our area are getting screening mammogram in accordance with nationally accepted guidelines. Only 37% of the nation's Medicare-eligible women take advantage of the Medicare mammography benefit.

In recognition of the fact that mammography is the single best method for detecting breast cancer, I, the mayor of Port Orford, do hereby proclaim October, Breast Cancer Awareness Month. We encourage all women in Port Orford—especially those 55 and older—to become aware that they are at risk and to check with their doctors to see whether they should get a mammogram. We also urge each and every resident of northern Curry County to make sure the women they love participate in this program.



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*Check out what we have: Some Can Goods, Dremel Tools, Gifts, Spices, Mechanical Tools, Cleaning Supplies, Beads & Findings, and too much to list (and lots more to put out!)*

### Port Orford Tide Report

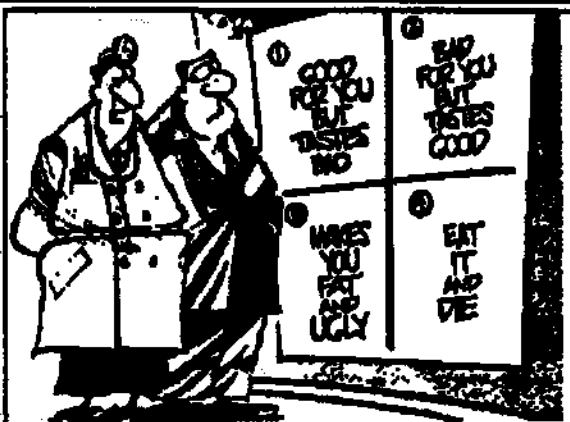
Courtesy of the Port Of Gold Beach

Date	High	Low	High	Low
Thu Oct 12	2:54am 6.0	8:23am 2.7	2:06pm 7.1	9:16pm 0.3
Fri Oct 13	3:42am 5.7	9:02am 3.0	2:41pm 6.8	10:03pm 0.5
Sat Oct 14	4:35am 5.5	9:47am 3.3	3:23pm 6.5	10:51pm 0.8
Sun Oct 15	5:39am 5.4	10:46am 3.5	4:14pm 6.2	11:47pm 1.0
Mon Oct 16	6:46am 5.4	11:55am 3.6	5:23pm 5.9	NONE —
Tue Oct 17	7:42am 5.6	12:47am 1.2	6:39pm 5.8	1:10pm 3.4
Wed Oct 18	8:31am 5.9	1:45am 1.2	7:55pm 5.8	2:18pm 3.0
Thu Oct 19	9:09am 6.2	2:38am 1.2	8:57pm 6.0	3:14pm 2.4

### Official Weather

Provided by the City of Port Orford  
Public Utilities Department

Date	High	Low	Rain
Sept. 30	67	53	.02
Oct. 1	69	49	.02
Oct. 2	71	49	0
Oct. 3	74	48	.20
Oct. 4	65	45	0
Oct. 5	70	48	0
Oct. 6	70	48	0



"... We've just updated the four basic food groups..."

**When you eat:**

**the Right Foods**

**in the Right Amounts**

and most importantly

**in the Right Combinations!**

What's the buzz word of the nineties?

**Phytochemicals!**

Scientists have not, until very recently, even known they existed! ("phyto" is derived from the Greek word for plant.) It is whole foods - especially fruit and vegetables - that pack the disease preventing wallop. . . April 25, 1994 Newsweek

**Confused?**

It's as simple as N B C!

**Nourish ~ Balance ~ Cleanse**



Whole Food Store

12th St. behind Chevron  
Sharon Lagace 332-8235

Dear Editor,

Citizen participation is a cornerstone of democracy. As a member of the Port Orford City Council, I want to encourage everyone in Port Orford to take the time to get to know your City Council by attending at least one meeting a year. This is the only way to see and hear what we your council are doing. As a constant participant in these meetings I can assure you that no newspaper report or rumor is in any way a substitute for firsthand experience. I am aware that Council meetings can last several hours, so you might want to come for just part of the meeting, but do come.

Anyone may request items to be placed on the Council Agenda by submitting a letter explaining the issue to the City Manager. This should be done prior to 5pm of the Wednesday proceeding the meeting. Additionally, you may ask a member of the Council to place an item on the agenda. Items not on the agenda

may be added at the Council meeting if a majority of the Council votes to do so.

Citizens are welcome to speak at Council meetings. I for one welcome public input. There are Council Rules that must be followed to insure meetings are orderly. I have asked the City Manager to place copies in the Council Chamber and the Library so you can learn what they are. If you have any questions, please ask.

The Council decides on many issues important to people living in Port Orford. I am aware that high water and sewer rates are a problem for many in our town. I want to assure you that I will do everything possible to reduce these rates. I also want to let you know that I am working to see that our watershed is protected. Also, a draft master plan for some of our city park facilities will be available shortly; I encourage everyone to review it.

I would be very happy to hear from any citizen who has a suggestion or a prob-

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lem. Please call me at 332-9775; send me a fax at 332-9702; write me at POB 1349 or stop me when you see me around town.

Martha Weaver-Britell

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